



Outdoor Training

As a reminder, when taking part in any form of outdoor training whether it be on or off skates, please ensure all members clearly follow :

Guidance

Coronavirus outbreak FAQs: what you can and can't do

Updated 12 June 2020

Personal training or coaching is permitted if outside and if people are a minimum of 2 metres apart and providing there are gatherings of no more than 6 people from different households.

Under the new social distancing guidelines, which allow up to, but no more than 6 people to gather, parents can take their children to a 1-1 coaching or training session, as long as the gathering does not exceed 6 people. Any sports coaches or trainers undertaking 1-1 sessions should ensure they are complying with relevant National Governing Body Safeguarding Policies and Procedures and conduct a thorough risk assessment before engaging in any sessions. This should include particular consideration for under 18s and vulnerable adults.

As soon as we have an announcement about any changes to indoor training, which is likely to be in early July, we will issue guidance notes to assist you. In the meantime, it is the Coach's responsibility to ensure that any activities relating to their club is clearly in line with the above guidance.

We have seen lots of activity on social media with videos etc of skaters training outdoors, therefore it is key that anything portraying artistic skating is clearly in line with government guidance. Please ensure you all stay safe and as soon as there are any further updates, we will issue some clear guidance.

FARS Board
19 June 2020