



The Federation of Artistic Roller Skating

From: Figures and Free Coaching Officer – Chris Fox | Email: coachingff@fars.co.uk | Date: 23/05/2019

Figure and Free Squad Gathering:

Dear All Affiliated clubs/ Members,

It comes with great pleasure to inform you of the GB squad-gathering weekend to be held 15th – 16th June at:

Walsall E-Act Academy
32C Primley Avenue
Walsall
WS2 9UP

The day will be invite only to the skaters finishing in the top 5 places at Nationals 'A' and/or F&F Championships from age categories tots – seniors, giving the whole team a chance to train as one.

It is also a pleasure to announce that during this weekend international coach Montse Arbos will be joining the team and passing on her wealth of knowledge and expertise to both skaters and coaches. She will be coaching alongside members from the G.B coaching team.

Who is Montse Arbos?

- National Coach for Spain since 1982
- With skaters of podium places at both European and World Championships (Youth, Junior and Senior) for the past 8 seasons.
- Specializes in both figures and free.
- Has been working with the Rollart system since 2015
- Attended the last 2 Worldskate seminars (Rome 2018 and Orlando 2019)
- Skaters include Kevin Bordas and currently Alex Medina.



Further details and invites will be provided following the British Championships and all timetables etc will be available on the day. We expect the International training weekend to cost a maximum of £50 per skater, but will thrive to keep the fee as low as possible to the invited squad. The cost will be confirmed once championships have been completed. The fee will contribute towards the costs involved in delivering an international coaching and training weekend. Once further details are published places can be accepted via email to coachingff@fars.co.uk

We look forward to seeing you all at the upcoming British championships and wish all skaters the very best of luck.

Kind Regards,

Chris Fox & Glenn Wicks
Figure & Free Coaching Officer