

## GB Squad Selection Guidelines

In 2022, we hope to be able to send teams to a wide variety of international competitions, including the A, B and C level events and galas.

To help us make sure that the athletes get the most from any international skating experience, we will be selecting a GB Squad and running several squad meets throughout the year. Selections for the GB Squad will be based on final placement at the 2021 Figure and Free skating Championships plus overall skating ability. The top 6 skaters from each event will be considered for GB Squad selection providing their skating ability falls in-line with the Element and Component guidelines set out below for Free and basic requirements for figures. Additional invites may be issued throughout the year based on evidence of ability.

The guidelines set out below aim to give GBSA a benchmark against which GB Squad selections can be made and serve as targets for athletes and coaches to aim for. Please note that they are “guidelines” only and are not set in stone. Their aim is to make sure that athletes who attend Squad can train effectively alongside their peers in their correct World Skate age category with compatible levels of ability.

Athletes who attend GB Squad meets will then be selected for the most suitable international events based on potential competition, their own ability, and these guidelines.

### Free Skating:

Skaters who achieve a top 6 placement in their category may be selected for GB Squad providing they meet the following ability criteria:

Element Guidelines				
Category	Gender	Jumps	Spins	Steps
Tots	All	All singles	All Uprights	BL
Mini	All	All singles in combo + 1A	BI Sit, Uprights in combo	L1
Espoir	All	1A, 2T, 2S in combo	BO Camel, BO Sit and Camel/Sit combo	L1
Cadet	All	2F, 2Lo in combo	All edge Camels, all edge Sits	L2
Youth	All	All doubles in combo (not incl. 2A)	3 or 4 spin combo	L2
Junior	Ladies	2A (good attempt)	Heel	L2
Junior	Men	2A	Heel	L2
Senior	Ladies	2A, 3T, 3S (good attempt)	Broken, Inverted	L3
Senior	Men	2A, 3T, 3S in combo	Broken, Inverted	L3

To be considered for GB Squad, athletes should be able to do the elements listed above for their age category or at least demonstrate a good attempt using correct technique. In addition to element ability, athletes should also achieve minimum average component scores as shown on the following page.



Component Guidelines	
Category	Score
Primary	n/a
Tots	0.75
Mini	1.00
Espoir	1.25
Cadet	1.50
Youth	1.75
Junior	2.00
Senior	2.50

### How is the Average Unfactored Component score calculated?

Take the total component scores from the RollArt results sheet for Skating Skills, Transitions, Choreography and Performance and add them together. Divide the result by 4 and this is the Average Unfactored Component score:

Program Components	Factor	J1	J2	J3	
Skating Skills	0.8	1.75	1.75	1.25	1.58
Transitions/Linking Footwork/Movement	0.8	1.75	1.50	1.25	1.50
Performance/Execution	0.8	2.00	1.75	1.25	1.67
Choreography/Composition	0.8	2.00	1.75	1.25	1.67
<b>Judges Total Program Component Score (factored)</b>					<b>5.14</b>

$1.58 + 1.50 + 1.67 + 1.67 = 6.42$   
 $6.42 / 4 = 1.61$   
 Avg. Unfactored Score = 1.61

To be considered for GB Squad, athletes should be achieving the above average unfactored component scores for their age group. Again, these are to be used as guidelines and should be taken in conjunction with the Element list on the previous page.

### Figures:

Figure athletes who place in the top 6 within their category will be selected for GB Squad providing they meet the following criteria:

- 1) Athletes must be capable of performing all figures within their category
- 2) Athletes must be capable of performing the above without needing extra pushes to get round the circles
- 3) Where applicable, athletes must be capable of performing age appropriate loops showing correct shape

### Attitude:

Athletes are expected to be committed to improvement in all areas of their skating and demonstrate a hardworking attitude, both within their own training sessions and at squad meets. They should be ready and willing to take on feedback and make every effort to act on that feedback in-order to improve. Athletes who conduct themselves poorly, show a poor work ethic or repeatedly fail to take onboard feedback may be excluded from future squad meets.

### Fitness:

Athletes are expected to take full responsibility for their own fitness and should maintain competitive levels of fitness throughout the year. Athletes who are severely out of shape or who cannot participate in the normal physical activities involved in a GB squad training day may be excluded from future squad meets.

### Annual GB Squad Reset:

The GB squad will undergo a complete reset every year and will be re-selected from scratch based on performance and placements at the Figure and Free skating championships. As mentioned above, additional invited may be issued throughout the year based on evidence of ability.

