



Skating Club/Logo	RISK ASSESSMENT FOR – <i>A safe return to skating for coaches and skaters during the coronavirus pandemic</i> When completed please return to: hod@fars.co.uk , or hoff@fars.co.uk BEFORE RETURNING TO SKATING SESSIONS <i>Please add to this anything that your centres have advised you to implement.</i>		
REVIEW DATE: When changes occur from government this will be reviewed and amended as required to meet guidelines	RESPONSIBLE MANAGER Name of Coach: Name of Club (Committee):	DATE OF ASSESSMENT:	ASSESSMENT REFERENCE:
THIS IS A TEMPLATE, PLEASE READ CAREFULLY, PLEASE ALSO ADD ANYTHING EXTRA YOU FEEL YOUR RISK ASSESSMENT NEEDS		LOCATION	

Degree of Risk	
Likelihood (L)	
5	Certain – Hazard occurs frequently. It is a constant threat, or is custom practice ie, daily, monthly, weekly
4	Likely – Hazard will probably occur but it is not a persistent issue. There are no issues of custom and practice, but we know from experience that the hazard does present itself from time to time
3	Possible – Hazard may occur occasionally, ie. one or twice a year
2	Unlikely – Hazard occurs infrequently but remains a possibility
1	Rare – Hazard is not expected to occur

Severity (S)	
5	Catastrophic - incident leading to irreversible health effects or death
4	Major - incident leading to long term incapacity/ disability
3	Moderate - incident leading to injury. Requiring 4-14 days off work
2	Minor - incident leading to minor injury. Requiring < 4 days off work
1	Negligible - incident leading to no/ minimal injury. Requiring 0 days off work

Persons at Risk
Employees
Students
Clients
Contractors
Members of the Public
Work Experience Students
Other Persons

Risk Rating Matrix						
		Severity				
		1	2	3	4	5
Likelihood	1	1	2	3	4	5
	2	2	4	6	8	10
	3	3	6	9	12	15
	4	4	8	12	16	20
	5	5	10	15	20	25

Select appropriate controls from those suggested in italics which are relevant to the work activity being carried out and move them to the current control column when they have been implemented. Other activities and more suitable control measure may need to be added.



The Federation of Artistic Roller Skating

Activity	Hazard	People exposed	Current controls	Likelihood	Severity	Risk Level	Further control measures required or comments
Skating and artistic roller skating lessons during the Covid-19 pandemic	Exposure to Covid-19 (respiratory illness) from other club members, the environment and equipment.	Coaches, Skaters, Visitors, Parents, & Sports centre staff (Operating in line with their own risk assessment criteria)	<ul style="list-style-type: none"> ● <i>All coaches and skaters are encouraged to wash their hands with soap and water for 20 seconds frequently, not to touch their faces and use a tissue to cough or sneeze and dispose of it accordingly.</i> ● <i>Rink areas can be well ventilated.</i> ● <i>Artistic roller skating is a non contact sport and physical distancing will be practiced in line with government guidelines at all times, close contact with other club members is to be avoided.</i> ● <i>We will highlight to our members any Covid-19 information posters which are posted around the buildings</i> ● <i>Good respiratory hygiene will be practiced, covering mouth and nose with a tissue when coughing/sneezing (catch it, kill it and bin it)</i> ● <i>Hand sanitisers, wipes and other hygiene products are available rink side and/or brought by club members</i> 	2	2	4	<ul style="list-style-type: none"> ● <i>Committee to arrange for coaching team to have tissues, small bags to dispose of any used tissues, spare hand sanitizer available if required.</i> ● <i>All skaters will be requested to provide their own hand sanitizer</i> ● <i>Coaching team will tailor lessons at an intensity level suitable for ensuring compliance with the prevailing Government guidelines.</i>



<p>Skating during the Covid-19 pandemic (con't)</p>			<ul style="list-style-type: none">● <i>Cleaning schedules are to be carried out by venue staff</i>● <i>All guidance published on Government.com</i>● <i>Arrangements in place for any skater/coach/parent who falls ill at the rink with Covid-19 related symptoms and all adults are familiar with them.</i>● <i>Any person displaying Covid-19 symptoms will self-isolate at home and follow guidelines.</i>● <i>Attendees to be allowed to wear cloth masks if they wish.</i>			<ul style="list-style-type: none">● <i>Arrangements in case of illness</i><ol style="list-style-type: none">1. <i>Person with symptoms will be isolated from all other attendees and immediate arrangements for that person to go home/ be taken home at which stage official guidelines take effect.</i>2. <i>Inform centre staff of the situation for appropriate additional action if required</i>3. <i>We will make sure a register is maintained of all those present at each session to use for contact tracing if required.</i>
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Activity	Hazard	People exposed	Current controls	Likelihood	Severity	Risk Level	Further control measures required or comments
Social distancing in the venue	Keeping control of social distancing	Coaches, Skaters, Visitors, Parents, & Sports centre staff (Operating in line with their own risk assessment criteria)	<ul style="list-style-type: none"> ● <i>Prevailing Government social distancing guidelines implemented and adhered to.</i> ● <i>Government guidance provided on coronavirus</i> ● <i>Skater sessions to be limited in number to ensure all skaters and coaches can physically distance as per prevailing Government guidelines</i> ● <i>As each session ends we will encourage attendees to leave promptly, allowing minimal crossover (unless from same household)</i> ● <i>We will ensure all parents who are on site are aware of this risk assessment.</i> ● <i>We will ensure that the rules in place at each centre are followed regarding entrances, exits and use of toilet/ changing room facilities.</i> ● <i>All skaters will bring their own resources/equipment</i> 	1	1	1	<p>Rink name; _____</p> <ul style="list-style-type: none"> ● <i>One door into the rink as an entrance and one door as exit.</i> ● <i>Whilst sessions in place; external doors will be kept open whenever possible.</i> <p>Rink name; _____</p> <ul style="list-style-type: none"> ● <i>Depending on arena venue, separate in and out doors will be nominated as guided by centre staff;</i> ● <i>All arena areas already well ventilated so no additional measures to be implemented</i>



Activity	Hazard	People exposed	Current controls	Likelihood	Severity	Risk Level	Further control measures required or comments
			<p><i>including water, and refreshments as required.</i></p> <ul style="list-style-type: none"> ● <i>Safety and informational signage displayed (by centre)</i> ● <i>One at a time into any storage, toilet, washroom wherever possible.</i> 				
Coaches/skater family members who are over 65 during the Covid-19 pandemic	Exposure to Covid-19 (respiratory illness) from other attendees	Attendees who are over 65	<ul style="list-style-type: none"> ● <i>Whenever possible people over 65 will stay at home. If they choose to coach or attend; they are responsible for this choice.</i> 	1	2	2	
Vulnerable people during Covid-19 Follow link for definition Vulnerable people	Exposure to Covid-19 (respiratory illness) from other attendees, the environment and equipment	Vulnerable people	<ul style="list-style-type: none"> ● <i>We are currently not aware of any skater that is classed as vulnerable</i> ● <i>We do have a medical declaration from all parents, and are aware of our asthmatic children.</i> 	1	1	1	<ul style="list-style-type: none"> ● <i>All skaters' parents will be provided with a copy of this risk assessment and if their child is asthmatic/vulnerable they will choose whether or not they attend.</i> ● <i>The coaches reserve the right to withdraw any skater from the session if they feel they are vulnerable.</i>



Injury/First Aid	A member of the club has an accident whilst Skating	Skaters & coaches	<ul style="list-style-type: none"> ● <i>First aider should wear PPE in line with the Government guidance (gloves and mask) before treating Skater if social distancing can't be adhered to.</i> ● <i>Parents informed of any first aid incident.</i> 	3	3	9	<i>Club will provide PPE for first aid situations</i>
Activity	Hazard	People exposed	Current controls	Likelihood	Severity	Risk Level	Further control measures required or comments
Drop off, pick up and safe access to the rink	Cross contamination and infection control	Coaches, Skaters, Visitors, Parents, & Sports centre staff (Operating in line with their own risk assessment criteria)	<ul style="list-style-type: none"> ● <i>Parents can drop off and leave any children above the age of 10 as per our club rules.</i> ● <i>If parents stay they must adhere to rules in this risk assessment</i> ● <i>Parents are discouraged from gathering in close proximity in the gallery/viewing area.</i> ● <i>Signage in situ shows attendees of the need for social distancing.</i> ● <i>Doors kept open wherever possible to reduce the number of things attendees need to touch – fire doors must be closed at the end of the last session.</i> 	1	1	1	

