



The Federation of Artistic Roller Skating

Espoir, Cadet, Youth, Junior and Senior Dance Championships

Running Order

Friday – Doors open at 18:00

| | | | | | |
|-------|--------------------|----------|----------------|-------|------------------|
| 18.30 | Youth Ladies / Men | Practice | Solo Dance ** | 7/7 | 10mins per group |
| 18.50 | Junior Ladies | Practice | Style Dance ** | 6/6 | 30mins per Group |
| 19.50 | Junior/Senior Men | Practice | Style Dance ** | 4 | 20mins per group |
| 20.10 | Senior Ladies | Practice | Style Dance ** | 6/6/6 | 30mins per Group |
| 21.40 | Senior Couples | Practice | Style Dance ** | 1 | 20mins per group |
| 22.00 | End of Day | | | | |

Saturday – Doors open at 07:30

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|-------|---------------------------|--------------------|--------------------|------------------|------------------|
| 08.00 | Espoir | Practice | Solo Dance ** | 7/7/7 | 10mins per group |
| 08.30 | Cadet Ladies | Practice | Solo Dance ** | 7/7/7/7 | 10mins per group |
| 09.10 | Cadet Mens | Practice | Solo Dance ** | 1 group | |
| 09.20 | Espoir | COMPETITION | Solo Dance | 1st Dance | |
| 10.40 | <i>Opening Ceremony</i> | | | | |
| 11.00 | Cadet Ladies | COMPETITION | Solo Dance | 1st Dance | |
| 12.40 | Cadet Mens | COMPETITION | Solo Dance | 1st Dance | |
| 12.50 | Espoir | COMPETITION | Solo Dance | 2nd Dance | |
| 14.10 | Cadet Ladies | COMPETITION | Solo Dance | 2nd Dance | |
| 15.50 | Cadet Mens | COMPETITION | Solo Dance | 2nd Dance | |
| 16.00 | Youth Ladies / Men | COMPETITION | Solo Dance | 1st Dance | |
| 17.00 | Senior Couples | COMPETITION | Style Dance | | |
| 17.10 | Youth Ladies / Men | COMPETITION | Solo Dance | 2nd Dance | |
| 18.10 | Junior Ladies | COMPETITION | Style Dance | | |
| 19.10 | Junior/Senior Mens | COMPETITION | Style Dance | | |
| 19.30 | Senior Ladies | COMPETITION | Style Dance | | |
| 21.00 | Youth | Practice | Free Dance | 7/7 | 10mins per group |
| 21.20 | Junior | Practice | Free Dance | 6/6 | 10mins per group |
| 21.40 | Junior/Senior | Practice | Free Dance | 4 | 10mins per group |
| 21.50 | End of Day | | | | |

** Training with music

Sunday – Doors Open at 07:30

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|--------------|---------------------------|--------------------|-------------------|--------------|-----------------------|
| 08.00 | Espoir | Practice | Free Dance | 7/7/7 | 10mins per group |
| 08.30 | Senior Ladies | Practice | Free Dance | 6/6/6 | 10mins per group |
| 09.00 | Senior Couples | Practice | Free Dance | 1 | 10mins per group |
| 09.10 | Cadet Ladies | Practice | Free Dance | 6/6/6 | 10mins per group |
| 09.40 | Cadet Men | Practice | Free Dance | 1 group | 10mins per group |
| 09.50 | Cadet Ladies | Practice | Free Dance | 5/5 | 10mins per group |
| 10.10 | Espoir | COMPETITION | Free Dance | | |
| 11.30 | Youth Ladies / Men | COMPETITION | Free Dance | | |
| 12.30 | Junior Ladies | COMPETITION | Free Dance | | |
| 13.30 | Senior Couple | COMPETITION | Free Dance | | |
| 13.40 | Cadet Ladies | COMPETITION | Free Dance | 6/6/6 | 18 competitors |
| 16.10 | Cadet Men | COMPETITION | Free Dance | | |
| 16.20 | Junior/Senior Men | COMPETITION | Free Dance | | |
| 16.40 | Cadet Ladies | COMPETITION | Free Dance | 5/5 | 10 competitors |
| 17.30 | Senior Ladies | COMPETITION | Free Dance | | |
| 19.15 | Presentations | | | | |

Training Groups will be published before the event.

Running order is subject to change