



# The Federation of Artistic Roller Skating

From: Head of Dance – Nick Loader | Email: [hod@fars.co.uk](mailto:hod@fars.co.uk) | Date: 29/08/2019

Dear Coaches / Skaters,

We require the order in which elements will be skated for all Style Dance and Free Dance events at the Autumn Solo Dance, please can you complete the spreadsheet from the below link.

<http://www.fars.co.uk/Dance/>

## Guidelines:

1. Please complete one per club
2. Please send the excel document back via email to me [hod@fars.co.uk](mailto:hod@fars.co.uk)
3. Please send the excel document, pictures will not be accepted.
4. Please use the element abbreviations as stated in the sheet, any sheets not using the correct naming convention will be returned
5. Please only submit the required elements; please don't include any other items. Example Spins and Jumps are not required.
6. Please use the drop-down box under "Event" please don't type the event

**Please always download a new version from the FARS website as the document is updated.**

Please can you send your replies no later than **Monday 9th September**.

If you have any questions, please don't hesitate to contact me.

Kind Regards,

**Nick Loader**  
**Head of Dance**